

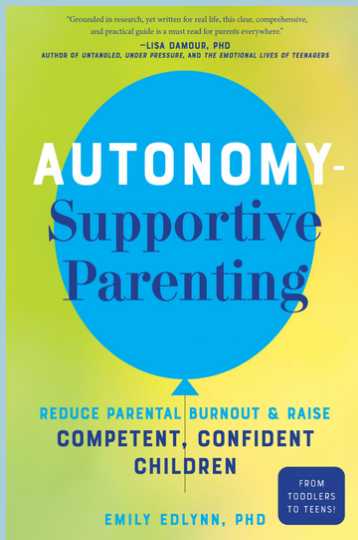


Family & Parenting

RIGHTS GUIDE

AUTUMN/WINTER 2023

DROPCAP[®]
RIGHTS AGENCY



Reduce Parental Burnout and Raise Competent, Confident Children

Familius
September 2023
Trim Size: 9.05in x 6.05in
Page Count: 336
Retail Price: \$18.99
ISBNs: 9781641709767
BISAC Codes:
Family & Relationships
Parenting / Education

AUTONOMY-SUPPORTIVE PARENTING

As parents, we want our children to take responsibility for their schoolwork, their chores, and their choices. We want them to grow into independent adults, but when we see them struggling, we sometimes have a tendency to step in and problem-solve, telling them exactly what to do or even doing things for them ourselves. The problem is the more controlling we are with our children, the more out of control they feel. When our children feel out of control, problems big and small follow—from more tantrums in thwarted toddlers to a higher risk of drug and alcohol use in adolescence.

- WORLD RIGHTS AVAILABLE
- HOW DO WE SUPPORT OUR CHILDREN'S AUTONOMY WHILE MAINTAINING BOUNDARIES AND NOT LOSING OUR MINDS IN THE PROCESS?

From clinical psychologist Emily Edlynn, PhD, comes a flexible parenting framework that can apply to every family and every parental relationship. With *Autonomy-Supportive Parenting*, you can build trust in your child and trust in yourself.



ABOUT THE AUTHOR

Emily Edlynn

Emily Edlynn, PhD lives outside of Chicago with her three children, husband, and Aruban rescue dog, and by day works as a clinical psychologist with children, adolescents, and families. She pens a regular advice column for Parents.com, and writes about parenting across national outlets and for her blog, *The Art and Science of Mom*.



Solutions for creating awareness and healthy habits that promote lasting love

Familius

February 2024

Page Count: 224

Retail Price: \$16.99

Trim Size: 6in x 9in

ISBN: 9781641709057

BISAC Codes:

Family & Relationships / Love & Romance

Psychotherapy / Couples & Family

THE JOY OF IMPERFECT LOVE

Stuck in unhealthy relationship dynamics? Yearning to find (or be) that perfect someone? Can you accept someone while also wanting them to grow?

The key to healthy relationships is accepting that real love is messy, imperfect, and a work in progress!

With research-backed insights, captivating case studies, and empowering exercises, readers explore how attachment issues and unresolved personal issues negatively impact both self-love and the quality of our relationships.

- WORLD RIGHTS AVAILABLE
- TRANSFORMATIVE JOURNEY OF COMPASSIONATE, HEALTHY LOVE

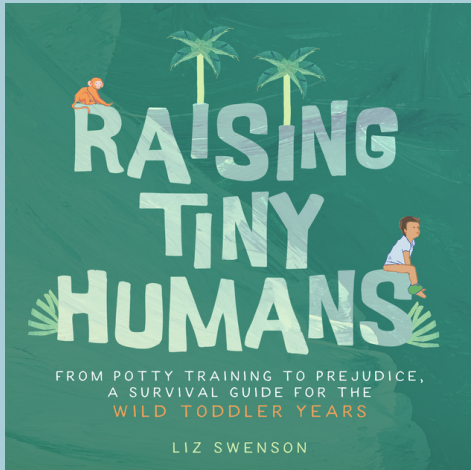
Readers will breathe a sigh of deep relief as they discover the doable, real-life secrets to creating joy-filled relationships and genuine, imperfect love.



ABOUT THE AUTHOR

Carla Marie Manly

Clinical psychologist, author, and speaker Dr. Carla Marie Manly makes her home in Sonoma County, California. With a refreshing mindfulness-based approach, Dr. Manly focuses on supporting others in their journeys of personal transformation and the creation of deeply fulfilling relationships.



**From potty training to prejudice,
a survival guide for the wild
toddler years**

Familius

March 2024

Page Count: 208

Retail Price: \$14.99

Trim Size: 7in x 7in

ISBN:9781641707558

BISAC Codes:

Life Stages / Infants & Toddlers

Children's Health

RAISING TINY HUMANS

It's a jungle out there in the wild world of parenting! Just when you think you've got it down, a new phase emerges to keep you on your toes.

With this full-color illustrated field guide as your constant companion—full of tips, tricks, and a healthy dose of humor—you'll feel confident embarking on the adventure of parenthood for kids ages one and beyond! With chapters on body and brain development, behavior, and the ever-pressing question of how to help your child become the best human they can be.

- WORLD RIGHTS AVAILABLE
- RAISING TINY HUMANS IS THE COMPASS EVERY PARENT NEEDS TO GUIDE THEM ON THEIR WAY

There are plenty of books about the first year and caring for an infant, but once you have a curious, tottering toddler who seems intent on finding danger, it's a whole different animal!

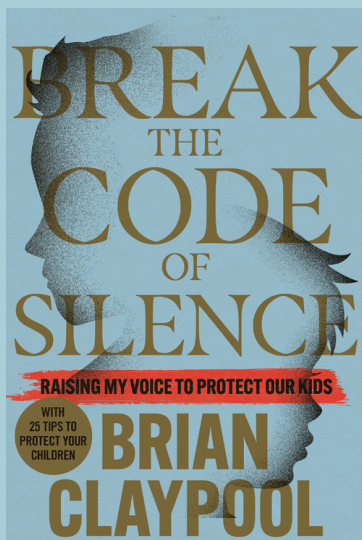


ABOUT THE AUTHOR

Elizabeth Swenson

Liz Swenson lives in the sunny beach town of San Clemente, California, with her handsome hubs, three crazy kids, and big dog, Harper.

She relishes momming, teaching math to high schoolers, making art, and living life to the fullest.



**It's time to end this power dynamic
and give a voice to children**

Girl Friday Books
January 2023
Page Count: 240
Retail Price: \$25.95
Trim Size: 8.5in x 5.5in
ISBN: 9781954854741
BISAC Codes:
Family / Abuse / Child Abuse
Law / Child Advocacy

BREAK THE CODE OF SILENCE

Bravely sharing his own trauma, Brian Claypool gives insight into what can happen when we don't speak out, how abuse can affect victims for a lifetime, and how we can collectively break the pervasive code of silence.

Along the way, he details five blockbuster cases he worked on and won for kids, including that of Anthony Avalos, a topic in the Netflix series *The Trials* of Gabriel Fernandez.

Claypool provides important red flags—developed from his own years of experience in court analyzing child predators—for identifying trouble and safeguarding children.

- **WORLD RIGHTS AVAILABLE**
- **THIS EYE-OPENING, CRUCIAL MUST-READ WILL EMPOWER ANYONE WHO WANTS TO ADVOCATE FOR CHILDREN**

Litigation and civil rights attorney Brian Claypool has squared off in the courtroom against child predators in some of America's most notorious abuse cases. For the first time, Claypool tells his personal story of abuse and how that has fueled his mission to protect and defend children.



ABOUT THE AUTHOR

Brian Claypool

Brian Claypool is a highly regarded trial attorney and nationally recognized legal, social, and entertainment television commentator. He is also the owner and managing general partner of the Claypool Law Firm, where he tenaciously represents and advocates for his clients.

Claypool regularly contributes to Good Morning America, Fox News, America's Newsroom, CNN Newsroom, and more.



**Short and Sweet Inspirational
Messages to Share with Your Child
Each School Day**

Blue Star Press
September 2023
Page Count: 50
Retail Price: \$19.95
Trim Size: 4in x 3in
ISBN: 9781958803257
BISAC Codes:
Family / Activities
Crafts & Hobbies / Papercrafts

LUNCH BOX NOTES

Sneak a sweet note into your child's lunch box and add joy to their school day with these adorable lunch box notes for kids.

Made from sturdy cardstock, these durable lunch box notecards feature beautiful designs from bestselling author Korie Herold, making it easy to brighten your kid's day and let them know you're thinking about them.

- WORLD RIGHTS AVAILABLE
- A DIFFERENT AFFIRMATION ON EACH CARD FRONT

You can surprise them with an encouraging message when they open their lunch. Plenty of space on the back of each card to write a personal note to your child—be it a funny joke, a scripture verse, or just a sweet message.



ABOUT THE AUTHOR

Korie Herold

Korie Herold is a mother, artist, and graphic designer. She resides in Texas with her husband and their two children. She enjoys making her house a home, and thinks the home is such an important place to nourish.



How to Create Routine-Ready Spaces for Your Baby's First Years

Blue Star Press

October 2023

Page Count: 256

Retail Price: \$27.95

Trim Size: 9in x 7.5in

ISBN: 9781958803042

BISAC Codes:

Family / Life Stages / Infants & Toddlers

Parenting / Motherhood

House / Cleaning & Caretaking

THE ORGANIZED HOME FOR NEW PARENTS

If you're a new parent or soon-to-be-parent wondering how the heck to manage life at home with a baby or toddler, don't worry: mom of 3 and celebrity organizing expert Ría Safford is here to help.

With 3 young kids and a busy small business to run, Ría Safford knows that life as a new parent can often feel like "crazytown bananaland." That's why Ría, a former messy momma herself, hunkered down and developed systems to declutter and calm the chaos of everyday life spilling into her home.

- WORLD RIGHTS AVAILABLE
- HOW TO ORGANIZE YOUR BABY OR TODDLER'S SPACES
- TIPS FOR BRINGING PEACE TO YOUR PERSONAL SPACES

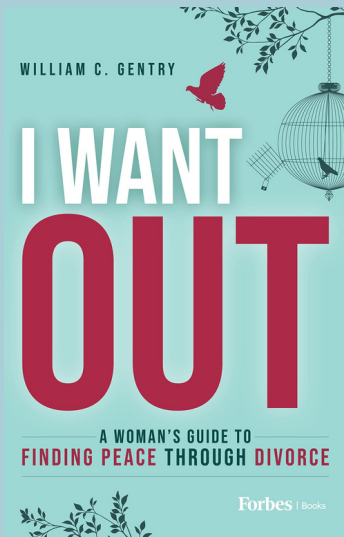
In her first book, the highly-sought-after national organizing expert shares the tried-and-true techniques that she's used to help both A-list celebrity clients and everyday new parents reduce stress and bring order to their families' life at home with kids ages 0-2.



ABOUT THE AUTHOR

Ría Safford

Ría Safford is a mom of 3 and the founder of RiOrganize, a company offering full-service organization, design, and space planning to families across the United States. Ría has organized spaces for A-list clients like Vanessa Bryant, Ciara, and Jen Atkin and for everyday families who are desperate for more streamlined systems in their homes. Ría has 326K+ fans following her on Instagram for organization inspiration and advice.



A Woman's Guide to Finding Peace Through Divorce

ForbesBooks
September 2023
Page Count: 192
Retail Price: \$22.99
Trim Size: 9in x 6in
ISBN: 9798887501208
BISAC Codes:
Relationships / Divorce & Separation
Relationships / Dysfunctional Families

I WANT OUT

I Want Out is written by Bill Gentry, A Georgia divorce lawyer with over 35 years of experience helping women escape failing marriages for better, happier futures.

While the book focuses on Georgia divorce law, it provides a comprehensive overview of how the divorce process works in any state, illustrating what happens at each stage, what to expect, and what you can do to ensure the best possible outcome for yourself and your family. This step-by-step guide will empower you with everything you need to know to take control of your life and find the peace and happiness you deserve.

- WORLD RIGHTS AVAILABLE
- EMOTIONAL STORIES OF REAL CLIENTS WHO'VE ENDURED THE CHALLENGES OF DIVORCE

Don't let fear force you to settle for an unhappy life. You can escape your marriage without giving up the things that matter most to you. *I Want Out: A Woman's Guide to Finding Peace Through Divorce* will show you how.

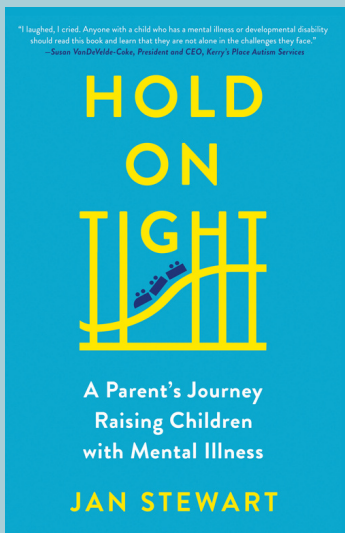


ABOUT THE AUTHOR

William C. Gentry

William C. "Bill" Gentry is the Founder and Managing Attorney of the Gentry Law Firm, LLC. For over 35 years, Bill has made a point of representing women seeking the promise of a better life.

As a divorce and family law attorney, Bill helps clients understand that divorce is not an end but a beginning. Bill's clients seek him out because of his record in securing brighter futures for the women who needed them most.



A Parent's Journey Raising Children with Mental Illness

Barlow Books

March 2023

Page Count: 224

Retail Price: \$28.00

Trim Size: 8.5in x 5.5in

ISBN: 9781988025971

BISAC Codes:

Family / Children with Special Needs

Family / Parenting / General

HOLD ON TIGHT

Jan Stewart never thought she would live with fear in her own house. *Hold on Tight: A Parent's Journey Raising Children with Mental Illness* describes her raw and emotional journey raising two children with multiple mental health disorders. Jan details the roller coaster lives and challenges that both children have faced in detail, from the time they were born to the present. Pulling no punches, Jan describes moments of terrifying fear, pain, and hopelessness, as well as of awe, pride, and hope. The roller coaster ride never stops. While brutally honest, *Hold on Tight* is a love song to Jan's children.

- WORLD RIGHTS AVAILABLE
- JAN STEWART COUNSELS PARENTS TO RESET THE EXPECTATIONS OF THEIR OWN LIVES

The book educates and empowers parents so that both they and their children can lead more fulfilling lives. Powerful, honest, and inspirational, *Hold on Tight* inspires readers to never give up.



ABOUT THE AUTHOR

Jan Stewart

Jan Stewart is a highly regarded mental health governance expert and advocate. Her mission is to empower and inspire parents to persevere, as well as to better educate their families, friends, healthcare professionals, educators, and employers.

Jan chairs the Board at Kerry's Place Autism Services, Canada's largest autism services provider, and was previously Vice Chair at the Centre for Addiction and Mental Health.



A Monthly Guide and Journal Prompts for the Conscious Mother-to-Be

Familias
February 2024
Page Count: 112
Retail Price: \$24.99
Trim Size: 7.25in x 9.25in
ISBN: 9781641709965
BISAC Codes:
Parenting / Motherhood
Pregnancy & Childbirth

9 MONTHS OF WONDER

Pregnancy is a time like no other, a season of limbo: the baby is here but not here. Mothers-to-be enter a dreamy phase between being and becoming, suspended in wonder with amazement of what we are creating, and curiosity for who we are carrying.

We can get so caught up in the new life growing within us—distracted with facts and logistics—that we might easily forget to acknowledge the other transformation taking place as well: the redefining of our own identity. With a spare, modern design and gorgeous illustrations.

- **WORLD RIGHTS AVAILABLE**
- **DESIGNED TO HELP DOCUMENT THE LIMINAL SPACE BETWEEN HERE AND THERE WHILE SOFTENING INTO THE SEASON YOU'RE IN**

In these journal pages, you'll find a safe place to record and process your experiences, reflect on the ups and downs, move through fears, and honor the metamorphosis taking place in you as you give birth to the new life of your child and the new parts of yourself.



ABOUT THE AUTHOR

Rachel Garahan

Rachel Garahan is a creative director, artist, and innate nurturer. In all of her work, she is drawn to what she calls the elemental connection: the space where nature and the human spirit overlap. She is the founder of One Part Gypsy, a creative design and consulting agency, and an online journal of the same name where she writes about conscious living and bohemian style. With a strong root in the worlds of natural beauty and wellness, her work is known for being clean, modern, and sophisticated.



You can use these hacks that are disguised as activities to keep your mini human busy, making parenting fun.

Familius
March 2023
Page Count: 212
Retail Price: \$14.99
Trim Size: 7.35in x 5.2in
ISBN: 9781641707916
BISAC Codes:
Family / Activities
Family / Parenting / General

115 HACKS AND HACKTIVITIES FOR PARENTS OF MINI HUMANS

When you have a mini human running around, things can get pretty messy. Public diaper blowouts, shopping tantrums, teething pain, art projects that end up on the wall—and that's only the tip of the iceberg. But don't worry! With hacks for everything from mini human care to travel and toys, this book will give you the extra hand you need to do it all. Divided into helpful categories, each innovative hack comes with easy-to-follow instructions, materials made up of simple items you can find in your own home or local stores, and clean, modern illustrations that make parenting feel a little less hectic.

- **WORLD RIGHTS AVAILABLE**
- **THIS MUST-HAVE BOOK CAN GO WITH YOU ANYWHERE. PARENTING IS OFFICIALLY HACKED!**

***115 Hacks and Hacktivities for Parents of Mini Humans* has all the tips and tricks for big humans on the verge of their own tantrums.**

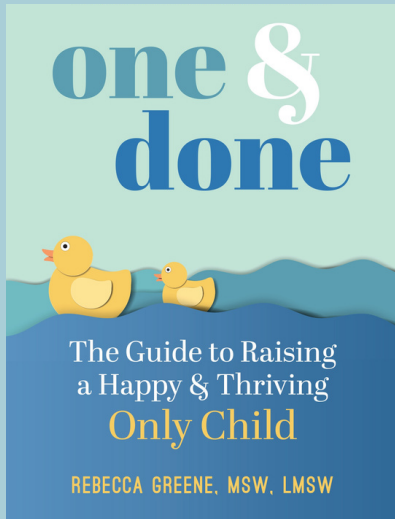


ABOUT THE AUTHOR

Katherine Bast

Katherine Bast Born and raised in England, Kate Bast is a TikTok content creator who now lives in Southern California with her husband Ryan, and toddler, Lily.

Kate brings to life some of the best parent hacks and mini human hack-tivities as she navigates the wild ride of parenting.



The Guide to Raising a Happy and Thriving Only Child

Familius
January 2023
Page Count: 256
Retail Price: \$18.99
Trim Size: 9.05in x 6.05in
ISBN: 9781641707442
BISAC Codes:
Family / Parenting / General
Family / Parenting / Alternative Family

ONE AND DONE

Families come in all shapes and sizes, and even a family with one child is complete and whole. As a therapist, the mother of an only child, and an only child herself, Rebecca Greene is an expert in the variety of issues that surround raising an only child, and she knows that parenting an only child is a complex endeavor. This comprehensive guidebook will explore the reasons why a family might have one child, discuss the benefits of having an only child, debunk the stigmas of only children, and provide tips and strategies for creating a happy home environment and building a strong community for your only child.

- WORLD RIGHTS AVAILABLE
- ULTIMATE RESOURCE FOR RAISING A HAPPY AND THRIVING ONLY CHILD

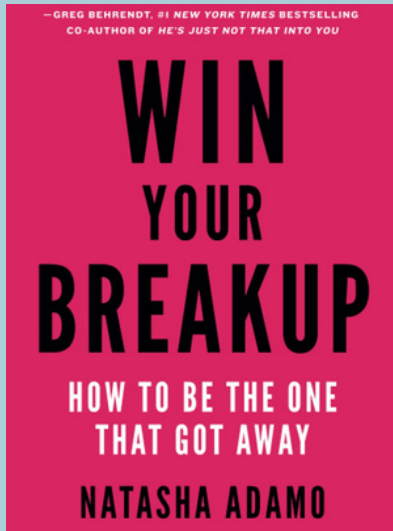
Only doesn't mean lonely. This book covers what to do when your only child is lonely, how to develop new family traditions, how to plan meaningful trips for your family, how to choose the ideal neighborhood, and more!



ABOUT THE AUTHOR

Rebecca Greene

Rebecca Greene, MSW, LMSW, is an author and licensed social worker. She is an only child raising an only child and has a unique, insider's perspective about the many different angles and benefits of raising an only. She writes self-help/parenting books and also children's books about social-emotional skills and overcoming challenges. Rebecca is the author of the award-winning children's book, *My Perfect Cupcake*.



How to Be The One That Got Away

Lioncrest Publishing

March 2023

Page Count: 232

Retail Price: \$15.99

Trim Size: 8.5in x 5.5in

ISBN: 9781544522784

BISAC Codes:

Family & Relationships / General

WIN YOUR BREAKUP

In *Win Your Breakup*, relationship and self-help coach Natasha Adamo presents the opportunity for a life with relationships that you don't have to tolerate and eggshell-walk your way through. It's a life in which your ex regrets the day they ever decided to breach your trust and break your heart; a life in which those who took you for granted wish you could find a way back into theirs.

In this life, you can choose to walk away from toxicity—no more trying to be the person someone may want, may commit to, may be honest with, and may treat with respect. This life is about to be your own.

- WORLD RIGHTS AVAILABLE
- A NEW LIFE IS WAITING FOR YOU AT THE END OF THIS JOURNEY

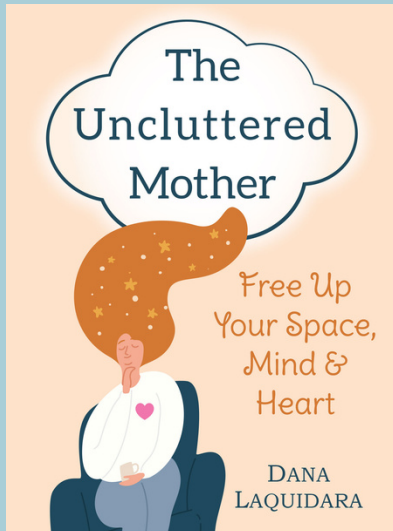
Breakups aren't won by game-playing or vilifying your ex. They're won by realizing that winning is losing a partner who has proven to be a dead end.



ABOUT THE AUTHOR

Natasha Adamo

Natasha Adamo is a high-performance, self-help, and relationship coach, as well as a speaker and blogger with over two and a half million readers. She currently coaches clients in person and remotely in thirty-one countries around the world. *Win Your Breakup* is her first book.



Free Up Your Space, Mind & Heart

DeVorss Publications

April 2023

Page Count: 160

Retail Price: \$14.95

Trim Size: 7in x 5in

ISBN: 9780875169163

BISAC Codes:

Family & Relationships /

Parenting / Motherhood

THE UNCLUTTERED MOTHER

For most mothers, clutter tends to linger even if it's out of sight. After the family's been fed, all the dishes have been cleaned, laundry folded and put away, emails have been written and bills have been paid, the stress remains as the wheels inside keep grinding away in anticipation of the "next" episode of clutter to tackle. "Out of sight, out of mind" does not apply here, so where does the stress end?

In *The Uncluttered Mother*, Dana Laquidara presents a process that takes you on a journey to stress-free motherhood (that's not a typo). Laquidara's personal experience and compassion are leading you by the hand.

- WORLD RIGHTS AVAILABLE
- EMPOWERING AND UPLIFTING
- MEANT TO INSPIRE READERS TO SIMPLIFY ALL AREAS OF LIFE

If tidying up and placing everything in order was as simple as ABC, then achieving an uncluttered life wouldn't be so difficult... right? This book demonstrates that getting rid of beliefs, stuff, thoughts and activities that do not reflect your core self, is extremely empowering and uplifting.



ABOUT THE AUTHOR

Dana Laquidara

Dana Laquidara is an award-winning writer whose work appears in Brain, Child, Literary Mamas, Boston Mamas, Mothers Always Write, Huffington Post, Spirit of Change and other publications. Dana has participated in several of The Moth live storytelling events and took first place in Boston while performing a selection from her memoir-in-progress. She resides in Massachusetts.



IF YOU WANT TO KNOW MORE ABOUT
THESE TITLES, PLEASE GET IN TOUCH!

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