

Self-Help Body, Mind & Spirit

RIGHTS GUIDE

SPRING 2024

THE
LONDON
BOOK
FAIR



OLYMPIA, LONDON

12 – 14 MARCH 2024



DROPCAP[®]
RIGHTS AGENCY



A trailblazing inquiry into human love and relationships in the age of super-smart technology.

Oxford University Press
April, 2022

Page Count: 304

Retail Price: \$10.95

Trim Size: 9in x 6in

ISBN: 978-0197588253

BISAC Codes:

TECHNOLOGY & ENGINEERING / General
COMPUTERS / Intelligence (AI) & Semantics

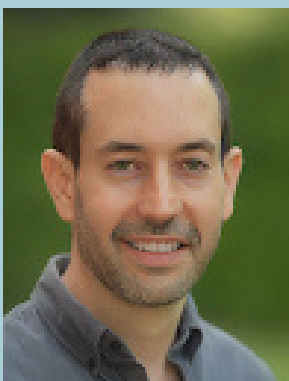
RELATIONSHIPS 5.0

Technology is our new life partner. No longer confined to the sidelines, new interactive technologies like AI therapists, avatar friends, and robot assistants are ready to transform technology's role from basic tools of convenience to intimate elements of our social and emotional lives. This turn towards human-like technology signals the beginning of a new epoch in human history. While many are still wary of human-technology companionship, *Relationships 5.0* reveals that these novel interactions aren't as risky as we'd once thought, but can instead make our social and emotional lives richer and more diverse.

RIGHTS SOLD:

- ENGLISH (INDIA)
- AUDIO (US)
- TURKISH (TURKEY)
- CHINESE SIMPLIFIED (CHINA)
- VIETNAMESE (VIETNAM)
- HEBREW (ISRAEL)

"For those who persist in finding the prospect of the robot future a little bleak, Kislev adopts the reassuring tone... He may well be right about this"—*The New Yorker*



ABOUT THE AUTHOR

Elyakim Kislev

Elyakim Kislev has a Ph.D. in sociology from Columbia University and holds three master's degrees in counseling, public policy, and sociology. Kislev is currently a faculty member in the School of Public Policy and Government at the Hebrew University. His writings include various articles and edited books on the subjects of leadership, immigration, social and educational policy, ethnic minorities, group therapy, and singles.



A Wall Street insider's path to true leadership, a purposeful life, and joy in the face of adversity.

Publish

September, 2023

Page Count: 148

Retail Price: \$19.99

Trim Size: 8.5in x 5.5in

ISBN: 9781647047351

BISAC Codes:

BIOGRAPHY & AUTOBIOGRAPHY / Women

SELF-HELP / Personal Growth / Happiness

RUNNING WITH GRACE

Nothing about Lori Van Dusen's childhood indicated she'd become one of the nation's top independent financial advisors. In 1986, this young woman walked into the rough-and-tumble, eat-what-you-kill world of Shearson Lehman Brothers and never looked back. She fought her way to the top. But Lori's trajectory to the top was not a straight, upward line; it was a rollercoaster. In this memorable, poignant, and inspiring memoir, she shares her lowest lows and highest highs as well as hard-earned wisdom from her bumpy personal, professional, and spiritual journey. Life was never meant to be fair, she learned, but we must keep running with grace if we are to find purpose and joy in the face of adversity.

- WORLD RIGHTS AVAILABLE
- HOW TO FIND PURPOSE AND JOY IN THE FACE OF ADVERSITY

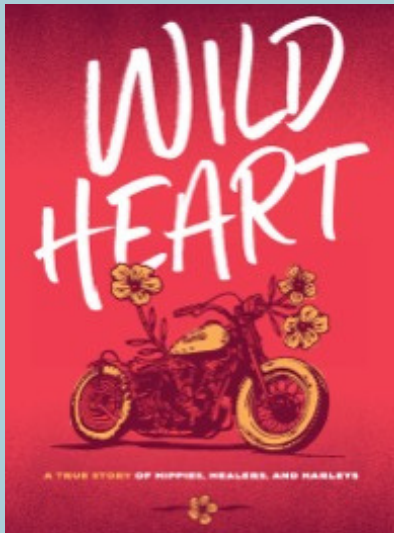
"There are a lot of valuable lessons to be learned from Lori's story... I liked how this book didn't just focus on her wins but talked about the challenges she faced. The book is no fluff..."—*Seattle Book Review*



ABOUT THE AUTHOR

Lori Van Dusen

Lori Van Dusen, CIMA, is the Founder and CEO of LVW Advisors, a leading investment advisory firm serving wealthy families, individuals, and nonprofits nationwide. Lori is actively involved in philanthropy, serving on multiple boards focused on education, health, and the arts. Her impressive career achievements include being ranked on Forbes' and Barron's prestigious lists. Lori enjoys long-distance running, yoga, and hosting Italian meals for family and friends.



**A road is only worth traveling
if it comes with some
unexpected turns.**

Girl Friday Books

November, 2023

Page Count: 272

Retail Price: \$18.95

Trim Size: 8.5in x 5.5in

ISBN: 9781959411307

BISAC Codes:

BIOGRAPHY & AUTOBIOGRAPHY / Women

WILD HEART: A TRUE STORY OF HIPPIES, HEALERS, AND HARLEYS

In her midfifties, Dr. Stacey Kerr was diagnosed with osteoporosis and told to play it safe. Instead, she bought her first Harley. Over the next fourteen years, Stacey and her two best friends decided to give the finger to aging gracefully, ultimately embarking on seven epic motorcycle tours throughout the western United States, filled with drama, introspection, and pure joy.

Using her motorcycle adventures to guide her memories, Stacey travels the twisting road of her own past, in which the only constant is defying expectations.

- **WORLD RIGHTS AVAILABLE**
- **AN INSPIRING MEMOIR FOR ANYONE
READY TO MAKE BRAVER AND
BOLDER CHOICES—AT ANY AGE**

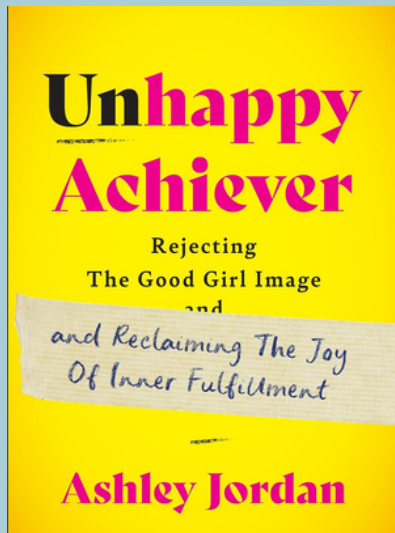
“Stacey Kerr is my kind of woman (and writer). Sharp, dedicated enough to become a doctor and wild enough to saddle up a Harley-Davidson and lean into the turns in her search for freedom. The book's a delight and made me wish I knew her personally.”—Peter Coyote, actor, author



ABOUT THE AUTHOR

Stacey Marie Kerr, MD

Stacey Marie Kerr, MD, is an educator, a physician, a mother, and an adventurer. She has published essays in *FringeWare Review*, *the Sun*, and *JAMA* and has written on the safe and appropriate use of cannabis for Hawaiian Ethos. Dr. Kerr's first book, *Homebirth in the Hospital*, shares dramatic birth stories encouraging women's self-empowerment in every birthing experience, no matter where that birth occurs. Kerr lives in Santa Rosa, California.



Rejecting the good girl image and reclaiming the joy of inner fulfillment.

Wonderwell

February, 2024

Page Count: 248

Retail Price: \$25.99

Trim Size: 8.25in x 5.5in

ISBN: 9781637560433

BISAC Codes:

SELF-HELP / Motivational & Inspirational
BIOGRAPHY & AUTOBIOGRAPHY / Women

UNHAPPY ACHIEVER

This is an intimate memoir of one unhappy achiever's journey to discover the self underneath the accomplishments. Conjuring the courage to upend every aspect of her existence—from her friendships to her career to her marriage—to make her life more reflective of her heart's deepest desires, Ashley shares stories of healing from loss, her struggle with eating disorders, perfectionism, stories of love and friendship, and the complex relationship between mother and daughter—and what we go on to teach our own daughters about self-worth.

Unhappy Achiever is the story of how we use masks of achievement to buffer against the world and protect us from pain.

- WORLD RIGHTS AVAILABLE
- ABOUT THE MAGIC, WISDOM, AND WHOLENESS WE ENCOUNTER WHEN WE EXIST UNENCUMBERED AND UNOBSURED BY EXTERNAL PURSUITS

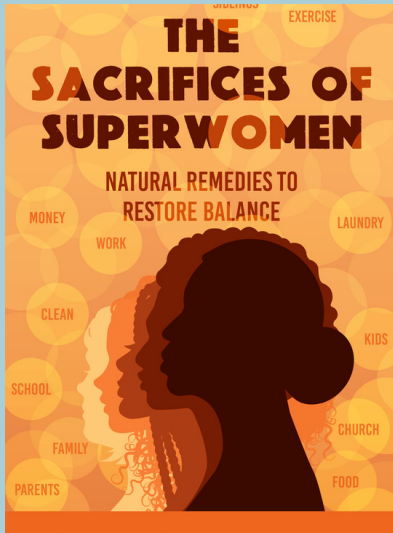
Unhappy Achiever is a story of healing, of revolutionary awakening—of what happens when we summon our courage to step out from behind the mask of the “good girl” to wholeheartedly embrace our true selves and the joy of being perfectly imperfect.



ABOUT THE AUTHOR

Ashley Jordan

Ashley Jordan has done many things throughout her life. She's been a feminist activist, licensed attorney, public speaker, and a stay-at-home mother. Most notably, however, she's a well-published journalist with her works appearing in *The New York Times*, *The Washington Post*, *The Guardian*, *The Huffington Post*, among others. Today, she lives in Milwaukee, Wisconsin with her three children and their dog, Libby.



Natural remedies to restore balance.

Koehler Books
October, 2023
Page Count: 166
Retail Price: \$16.95
Trim Size: 9in x 6in
ISBN: 9798888241325
BISAC Codes:
HEALTH & FITNESS
Naturopathy - Homeopathy

THE SACRIFICES OF SUPERWOMEN

A gripping exploration of real-life heroines' sacrifices, *The Sacrifices of Superwomen* uncovers the negative health implications of the superwoman persona, particularly among women of color. Using the Sojourner syndrome as a symbolic thread, Dr. Sullivan navigates the complex history of these resilient women, illuminating the intertwined challenges of societal discrimination, single parenting, and daily stressors that lead to diminished self-worth and unhealthy habits. This book highlights the transformational power of consistent, small changes in lifestyle.

- WORLD RIGHTS AVAILABLE
- INCORPORATING HOMEOPATHIC & NATUROPATHIC MEDICINE, NUTRITION, MEDITATION, EXERCISE, AND OTHER SELF-CARE PRACTICES

Embark on an empowering journey towards creating a healthier, balanced life with this thought-provoking guide, and find solace in knowing that wellness is attainable.



ABOUT THE AUTHOR

Dr. Andrea D. Sullivan

Dr. Andrea D. Sullivan was the first African American to receive a PhD in sociology/criminology from the University of Pennsylvania and the first to receive a degree in naturopathic medicine from Bastyr University. She is a licensed naturopathic physician with thirty-six years of experience, a founding member of the American Association of Naturopathic Physicians. A dynamic and inspiring lecturer, author, and TV and radio guest, she is passionate about exposing the effects of racism and sexism on the health and well-being of our society.

Near Enemies of the Truth

Avoid the Pitfalls of the Spiritual Life
and Become Radically Free

Christopher Wallis



**Avoid the pitfalls of the spiritual
life and become radically free.**

Wonderwell

Publication Date: November 2023

Page Count: 264

Retail Price: \$25.99

Trim Size: 9in x 6in

ISBN: 9781637560372

BISAC Codes:

Self-Help / Spiritual

Self-Help / General

NEAR ENEMIES OF THE TRUTH

After over thirty years as a scholar-practitioner of meditation and Tantric philosophy, acclaimed author Christopher Wallis (also known as Hareesh) explores the most widespread distortions of spiritual teachings present in our world today.

Rooted in the Asian wisdom traditions, Wallis's book uncovers why these oft-heard platitudes are "near enemies" to the truth, often detour us off the spiritual path, and can even cause unnecessary suffering.

Understanding the near enemies is vital for any spiritual seeker who is ready to create a deeper, more fulfilling practice

- WORLD RIGHTS AVAILABLE
- THIS TIMELY COMPANION WILL HELP YOU THINK DIFFERENTLY AND SEE THROUGH THE SMOKESCREENS TO WHAT IS TRUE

Written in a gentle and encouraging tone, this book offers a wealth of insight and guidance for anyone who finds themselves struggling, reaching a spiritual plateau, or simply seeking a more meaningful way forward.

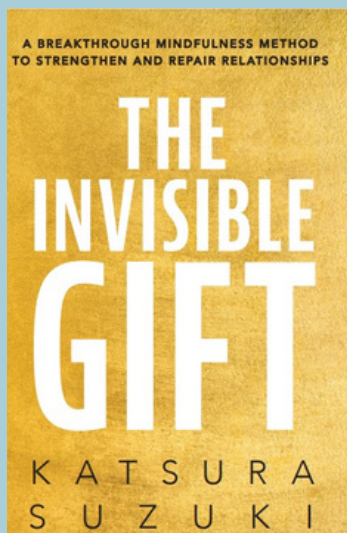


ABOUT THE AUTHOR

Christopher D. Wallis

Christopher Wallis, also known as Hareesh, is a Sanskritist and scholar-practitioner of Classical Tantra with thirty years of experience. He was initiated by a traditional Indian guru at the age of sixteen, and received education at yoga āshrams, both in India and the West.

He combines his own practice of more than 25 years with a rigorous inquiry into the original Sanskrit sources to accurately translate and bring to modern practitioners this ancient nondual wisdom.



A breakthrough mindfulness method to strengthen and repair relationships.

Berry Powell Press
November, 2022
Trim Size: 7in x 5in
Page Count: 122
Retail Price: \$9.99
ISBN: 9781736395387
BISAC Codes:

BODY, MIND & SPIRIT / Meditation
FAMILY & RELATIONSHIPS / Conflict

THE INVISIBLE GIFT

The Invisible Gift presents a new mindfulness method specifically designed to strengthen and repair our closest relationships. Based on the ancient wisdom of the Japanese Tea Ceremony, Dr. Suzuki combines Eastern practices with Western psychology to help readers:

- Develop safety in relationships
- Deepen self-awareness and empathy
- Communicate honestly and respectfully
- Navigate significant differences
- Create win-win solutions

- RIGHTS SOLD: ENGLISH (INDIA)
- NEW MINDFULNESS METHOD
- A REVELATION FOR DEVELOPING AND SUSTAINING HEALTHY RELATIONSHIPS

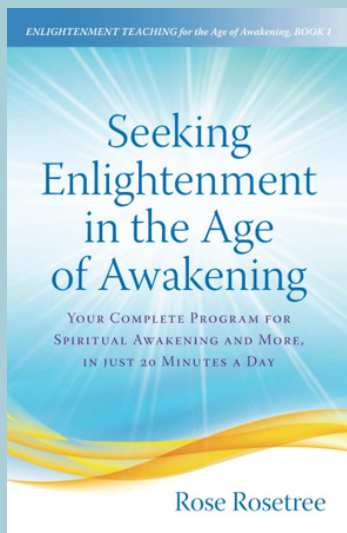
"What truly is the purpose of our lives? This book will serve as a guide for anyone who has ever suddenly found themselves in such a quandary."—Yoshiki Sato, President of the National Federation of UNESCO Associations in Japan



ABOUT THE AUTHOR

Dr. Katsura Suzuki

Katsura Suzuki, MBA, DBA, was born in Japan as "the tea ceremony master's daughter." When she was eighteen, Suzuki decided to carve her own path, going on to build an extremely distinguished thirty-year career in finance, based in Switzerland. Recently, she has shifted to investment, focusing on the technology and health sectors through her own business, Katsura Suzuki GmbH.



Complete program for spiritual awakening, in just 20 minutes a day.

Women's Intuition Worldwide
September, 2022
Trim Size: 8.5in x 5.5in
Page Count: 516
Retail Price: \$24.99
ISBN: 9781935214533
BISAC Codes:
BODY, MIND & SPIRIT
Mysticism & Spirituality

SEEKING ENLIGHTENMENT IN THE AGE OF AWAKENING

Everything you have been told about Enlightenment, and how to achieve it, is beautiful...

Except for being like a can of delicious soup, now long past its expiration date. That date was December 21, 2012, when the Age of Awakening began for us all.

Announcing the first up-to-date Enlightenment program since the start of this Age of Awakening! You have received a new Consciousness Positioning Superpower. Sounds like science fiction? Yet this is real. Learn how to use your new gift productively. What a difference that makes!

- WORLD RIGHTS AVAILABLE
- 50 YEARS OF SERVICE AS A SPIRITUAL TEACHER
- BOOK SERIES: ENLIGHTENMENT TEACHING FOR THE AGE OF AWAKENING

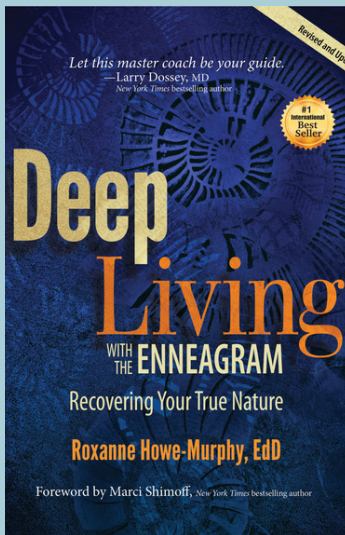
"This is a POWERFUL book. So many outdated illusions busted. It contains such "High Truth Value," as the author names it. This really cuts through so much nonsense that is out there about "being spiritual" or how to grow spiritually. It's straightforward, clear, and easy to follow."—Amazon Review



ABOUT THE AUTHOR

Rose Rosetree

Rose Rosetree has served as a spiritual teacher since 1970, developing visionary systems for personal growth and spiritual awakening. For example, she published America's first book for empaths. In 1987 she founded Energy Spirituality (TM), with its transformative systems for helping spiritual seekers to live with their full potential. Rosetree's work with energetic literacy has been reported in *USA Today*, *The Los Angeles Times*, and *The Washington Post*.



Beyond personality type with kindness, wisdom, and practical insight.

Enneagram Press
February, 2020
Trim Size: 9in x 7.5in
Page Count: 476
Retail Price: \$28.99
ISBN: 9780979384738
BISAC Codes:
BODY, MIND & SPIRIT
Inspiration & Personal Growth

DEEP LIVING WITH THE ENNEAGRAM

Dr. Roxanne Howe-Murphy helps us cultivate a strong core foundation and our innate capacities for wholeness, leading to an intimate, transformed relationship with ourselves, and others. The author reveals how relying on familiar Enneagram personality patterns leads to feeling separate from the whole of life, and even from ourselves by distancing us from our deepest nature. Drawing on a powerful integration of the Enneagram and presence, *Deep Living* offers us a radically compassionate approach to accepting the full range of our human and infinite nature, and recovering more of who we really are.

- RIGHTS SOLD: CHINESE TRADITIONAL (WORLDWIDE - EXCLUDING MAINLAND CHINA)
- AMAZON BESTSELLING AUTHOR

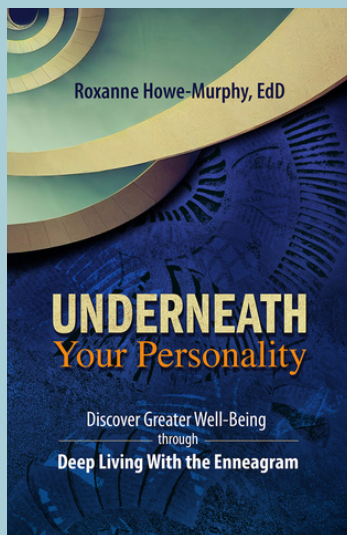
"Howe-Murphy explores what it means to change. Her exhaustive, detailed work will appeal to spiritual readers looking to the Enneagram for "greater freedom, ease, and lightness."—*Book Life* (by *Publisher's Weekly*)



ABOUT THE AUTHOR

Roxanne Howe-Murphy, EdD

A pioneer in integrating the Enneagram and Coaching, Roxanne Howe-Murphy, EdD works as a celebrated thought leader in human development and transformation, master coach and teacher. She is the author of Amazon #1 international bestseller *Deep Living with the Enneagram: Recovering Your True Nature*, which received numerous prestigious awards in indie publishing. In 2007, she founded the Deep Coaching Institute where she served as senior faculty until 2021.



Discover greater well-being through deep living with the enneagram.

Enneagram Press
January, 2024
Trim Size: 9in x 6in
Page Count: 134
Retail Price: \$15.99
ISBN: 9780979384776
BISAC Codes:
BODY, MIND & SPIRIT
Inspiration & Personal Growth

UNDERNEATH YOUR PERSONALITY

Your personality is only part of the story. Living on the surface of life can be exhausting. You're constantly busy, but you can't shake the nagging feeling that something is missing. Your life doesn't have to be this way. There's so much more to you below the surface than you can imagine. This compelling book will:

- introduce you to the essential principles of *Deep Living with the Enneagram*
- help you explore the powerful connection between personality and presence
- provide you with a proven approach to start uncovering your authentic nature and building your capacities for greater well-being.

- WORLD RIGHTS AVAILABLE
- A PIONEER IN INTEGRATING THE ENNEAGRAM AND COACHING
- AMAZON BESTSELLING AUTHOR

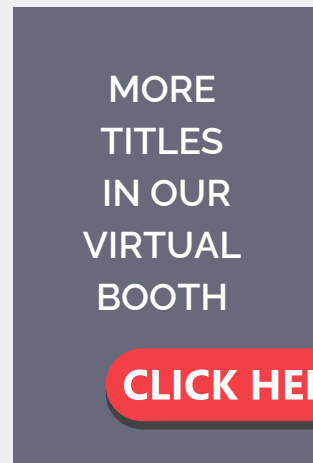
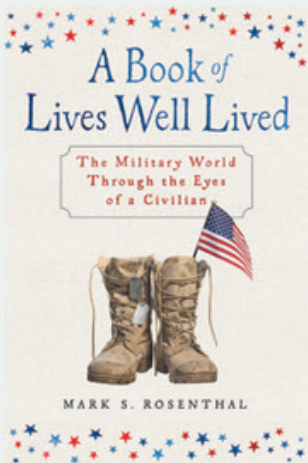
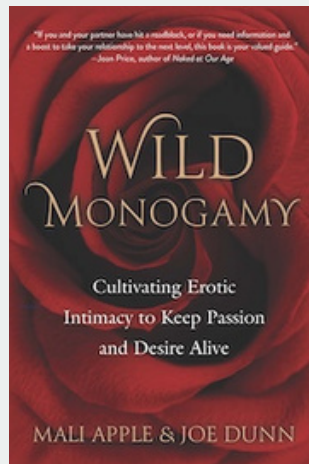
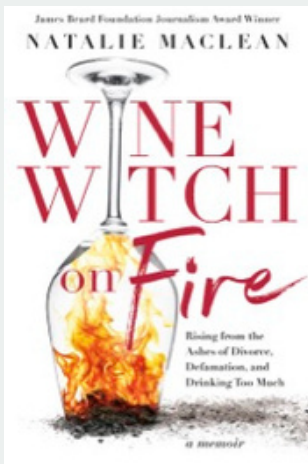
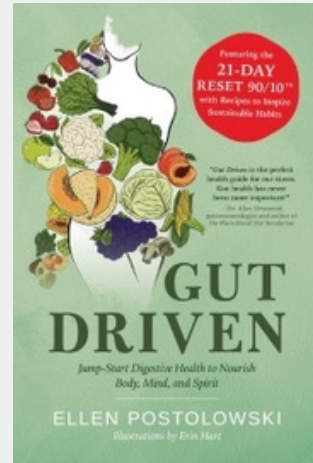
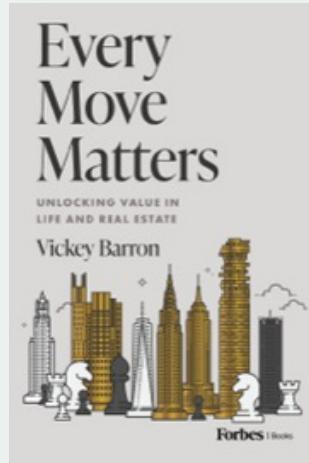
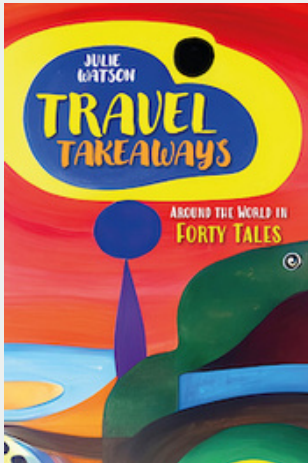
An important step on your journey of discovering who you really are on the inside. An appendix introduces human development professionals to the essential principles of integrating Deep Living into coaching, facilitation and other transformational practices.



ABOUT THE AUTHOR

Roxanne Howe-Murphy, EdD

A pioneer in integrating the Enneagram and Coaching, Roxanne Howe-Murphy, EdD works as a celebrated thought leader in human development and transformation, master coach and teacher. She is the author of Amazon #1 international bestseller *Deep Living with the Enneagram: Recovering Your True Nature*, which received numerous prestigious awards in indie publishing. In 2007, she founded the Deep Coaching Institute where she served as senior faculty until 2021.



DROPCAP[®]
RIGHTS AGENCY